



Retirement & Nursing Home

Ehatare Retirement Home was built by the Estonian Relief Committee in Canada to serve the needs of the aging Estonian population. The facility was completed at the end of 1981, with the first residents moving in in January of 1982. It has 76 private rooms and 12 double (usually couples) rooms. Each room has a bathroom, and closet.

The Nursing Home, fourth floor addition, was opened in March, 1995. It has 8 private, 10 two-person and 14 person rooms (32 beds in total). The furnishings are oak. There is individually controlled electric heat in each room, along with telephone and cable T.V. connections.



SERVICES

The Retirement Home operates on a “Residential Care” basis. There are general practitioners who visit at scheduled times and there is a nurse on duty 24 hours a day.

The facility has a large Estonian library for the residents to enjoy. There is a tuck shop where residents can purchase some basic necessities. There is a hairdresser and barber available. Banking can be done through the Estonian Credit Union which comes to Ehatare once a month. Each floor has a comfortable sitting room and kitchen facilities. There is a laundry room for residents to use for their personal laundry, and there is a sauna. Ehatare is a short walk from shopping facilities at Kingston Rd. and Morningside Ave.. There is a bus stop very close to the facility.

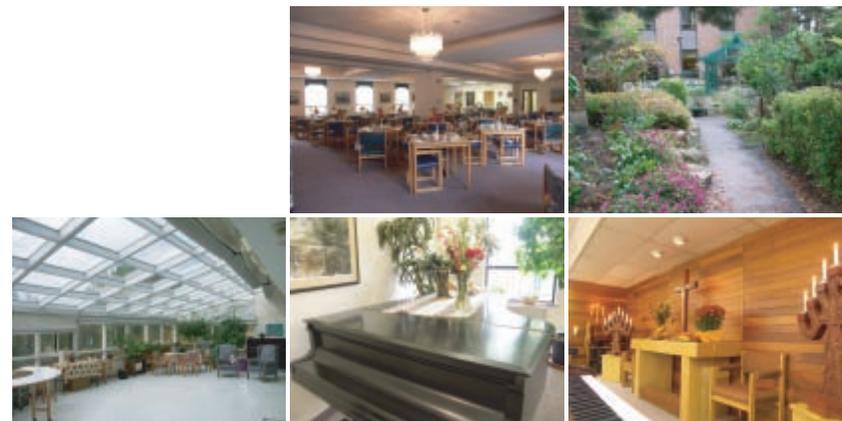
The Nursing Home meets all the Ministry of Health and Long-Term Care standards and regulations.

ACTIVITIES

There are many activities organised for the residents. Estonian choirs, solo performers and youth groups visit Ehatare. There are church services and bible studies. We have sing-alongs, exercise classes, bingo and film nights. There is a weekly trip to a local shopping centre, and there are excursions to parks, outside concerts and other events of interest.

DIETARY SERVICES

Meals, geared to the Estonian taste, are served 3 times daily in our dining rooms. Foods are prepared with emphasis on healthy diets, with consideration for special requirements.



MEDICAL CARE

Ehatare Retirement Home is for individuals who are still independent, but would like to enjoy their lives without the daily concerns of cooking and other household responsibilities. There is a nurse on duty at all times and medications are dispensed. Medicines can be ordered through the contracted pharmacy by the nurse. There are hospitals nearby where residents may be taken in the event of a serious illness or emergency.

Ehatare Nursing Home fully conforms to the requirements and regulations of the Ontario Ministry of Health & Long-Term Care. There is a registered nurse on duty 24 hours a day and the Nursing Home physician is present at the facility twice a week.

VISITING HOURS

Ehatare does not have set visiting hours for friends and family. Visitors are welcome from early morning to late at night. Visitors are also welcome to join residents for meals in the dining room at a very reasonable cost.

ADMISSION TO EHATARE

Applications to the Nursing Home are through the Community Care Access Centre. Applications to the Retirement Home are available on-line or from our front office. There is a Medical Assessment required before moving into the facility. Individuals from outside Canada need to check with their local Canadian Embassy or Consulate to establish “Landed Immigrant” status and meet eligibility requirements for health insurance coverage.



COME, SEE FOR YOURSELF!

Everyone who thinks Ehatare might be where they would like to live is welcome to come to visit us to meet our staff, try our menu, or just to partake in our comfortable Estonian environment.



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WHERE IS EHATARE LOCATED?

Ehatare is located next to Eesti Kodu on the west side of Highland Creek in Scarborough, approximately a 30 minute drive from downtown Toronto. We are at the first lights east of Kingston Road and Morningside Avenue.

Come, see for yourself!